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----- If you've read any information on habit formation lately, you've

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How Bill Gates reads books by Quartz 3 years ago 2 minutes, 12 seconds 5,991,085 views Bill Gates reads about 50 , books , a year, which , breaks , down to about one a week. Gates told us the four habits and hacks he does

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how I stopped procrastinating by Ruby Granger 1 year ago 12 minutes, 56 seconds 443,408 views This video is VERY long overdue and so I hope it is helpful! I tried to condense everything down into one video :) Let me know if

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